

## 活動時間及起點 Time & Starting Point

活動日期 Event Date : 07-10-2018 (星期日 Sunday)

集合時間 Assembly Time : 9:00 am

集合地點 Meet-up Venue : 山頂道花園 Peak Road Garden

起步禮 Starting Ceremony : 9:30 am

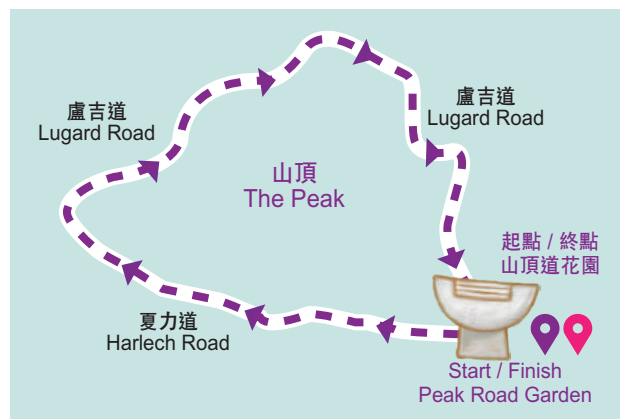
活動需時 Time Required : 約 2 小時 Around 2 hours

截止報名日期 Deadline of Application : 28-09-2018 (星期五 Friday)

## 路程 Route

行程距離 Distance : 3.5km

所需時間 Time required : 1hr



 起點 Starting Point       終點 Finish Point       路程 Route

## 查詢 Enquiry

 3921 3821

 3921 3822

 [careyoudeserve@hkacs.org.hk](mailto:careyoudeserve@hkacs.org.hk)

 CareYouDeserve

 [www.careyoudeserve.org.hk](http://www.careyoudeserve.org.hk)




年年護妳  
CARE YOU DESERVE

# 「年年護妳」 慈善步行

關注女性癌症活動



主辦機構 Organisers

 Department of Obstetrics and Gynaecology  
LKS Faculty of Medicine, The University of Hong Kong  
香港大學李嘉誠醫學院婦產科學系

 55  
ANNIVERSARY

 香港防癌會  
HONG KONG ANTI-CANCER SOCIETY  
Since 1963

贊助機構 Sponsors



協辦機構 Co-organisers



支持機構 Supporting Organisations



全力支持 Full Support



排名不分先後 In no particular order

香港防癌會  
 香港黃竹坑南朗山道30號  
 簡便回郵號碼 16 ABD  
 The Hong Kong Anti-Cancer Society  
 30 Nam Long Shan Road  
 Wong Chuk Hang, Hong Kong  
 Freepost No. 16 ABD

NO POSTAGE STAMP  
 NECESSARY IF POSTED  
 IN HONG KONG  
 如在香港投寄毋須貼上郵票

## 報名表格 Registration Form

### 個人資料 Details of Participant

姓 Surname \_\_\_\_\_ 名 Given Name \_\_\_\_\_

聯繫電話 Contact Number \_\_\_\_\_

電郵 E-mail \_\_\_\_\_

地址 Address \_\_\_\_\_

機構名稱 (如適用) Name of Organisation (If applicable) \_\_\_\_\_

18歲以下參加者需填妥監護人資料 Mandatory for applicants under 18 years old:  
家長/監護人姓名 Parent/Legal Guardian Name \_\_\_\_\_

家長/監護人簽名 Parent/Legal Guardian Signature \_\_\_\_\_

緊急聯絡電話 Emergency Contact Number \_\_\_\_\_

### 捐款方式 Donation Methods

信用卡 Credit Card ( VISA   Master )

持卡人姓名 (英文) Card Holder's Name \_\_\_\_\_

信用卡號碼 Card No. \_\_\_\_\_

有效日期 Expiry Date \_\_\_\_\_ 月 Month \_\_\_\_\_ 年 Year

持卡人簽署 Cardholder's Signature \_\_\_\_\_

劃線支票 Cheque: 抬頭「香港防癌會」並連同表格寄回。

Please make cheque payable to "The Hong Kong Anti-Cancer Society" and mail the cheque with the completed form to us.

銀行直接存款 Direct Payment

香港防癌會帳戶: 匯豐銀行 002-1-141585

請把存款收據副本並於背頁寫上姓名及聯繫電話交回。

Bank account no of The Hong Kong Anti-Cancer Society: HSBC 002-1-141585

Please send us the copy of the transfer slip, with your name and contact number written on the back.

### 捐款 / 贊助表格 Donation / Sponsorship Form

無論您有否參加慈善步行都歡迎您捐款支持。

Donations from all participants and non-participants are welcomed.

	贊助者姓名 Donor's Full Name (IN BLOCK LETTERS)	贊助金額 Donation Amount
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		
16		
17		
18		
19		
20		
合共 Total Amount		

\* 捐款港幣一百元以上可獲發捐款收據, 並由參加者代為分發, 惟個人資料必須完整及清楚以便安排。

Donation receipts will be issued for donation of HK\$100 or above. The participant is required to distribute the donation receipts. Please note that personal information must be completed and legible to facilitate receipt issuance.

\* 如有需要, 請自行影印本表格。 Please make photocopy of this form if needed.

### 參加者名單 List of Participants

	姓名 Full Name	年齡 Age	聯繫電話 Contact Number	電郵 E-mail	# 恤衫 # T-shirt
1*					
2					
3					
4					
5					
6					
7					
8					
9					
10					

\* 為小組組長 \*Shall be the group leader

# XS - XXL (尺寸表可瀏覽網站 Please refer to website for size chart)

### 個人資料使用守則 Guideline for Use of Personal Data

請於適當方格內加上剔號以表示您的意願。

Please tick the appropriate box to indicate your preference.

本人 **希望** 定期收到香港防癌會及香港大學李嘉誠醫學院婦產科學系的資訊。  
I **want** to receive newsletters from The Hong Kong Anti-Cancer Society and Department of Obstetrics and Gynecology, LKS Faculty of Medicine, The University of Hong Kong regularly.

本人 **不希望** 收到香港防癌會及香港大學李嘉誠醫學院婦產科學系的資訊。  
I **do not want** to receive newsletters from The Hong Kong Anti-Cancer Society and Department of Obstetrics and Gynecology, LKS Faculty of Medicine, The University of Hong Kong.

### 表格遞交方式

請將表格及有關存款收據及/或支票透過以下途徑交回:

郵寄地址: 香港黃竹坑南朗山道30號香港防癌會

傳真: 3921 3822

電郵: careyoudeserve@hkacs.org.hk (只適用於信用卡捐款及銀行直接存款)

**Please send the completed form and/or all payment information via the following ways:**

Mailing Address: The Hong Kong Anti-Cancer Society, 30 Nam Long Shan Road, Wong Chuk Hang, Hong Kong

Fax: 3921 3822

Email: careyoudeserve@hkacs.org.hk (Credit Card Payment and Direct Payment)

## 關於「年年護妳」關注女性癌症活動

根據香港癌症資料統計中心的推算，香港女性癌症有上升的趨勢，尤其是卵巢癌、子宮內膜癌和乳腺癌新症的情況值得關注。女性癌症影響的不只是患者本身，對家庭亦有深遠影響。故此，香港大學李嘉誠醫學院婦產科學系與香港防癌會攜手舉辦「年年護妳」關注女性癌症活動，藉此喚起市民對女性癌症的關注。同時籌募活動所籌得的善款扣除開支後，將用於設立教育資訊站。

女士們每天為家庭、為工作不停付出，卻忽略了自己。

為自己、為你愛的她

請即走出來

抵抗女性癌症 一起同心「護妳」！

## About “Care You Deserve” Women’s Cancers Campaign

According to the estimation of the Hong Kong Cancer Registry, incidence of ovarian cancer, endometrial cancer and breast cancer will keep ascending to a level we should pay attention to. Women’s cancers rob women of choices and rip families and relationships apart. Therefore, the Department of Obstetrics and Gynecology, LKS Faculty of Medicine, The University of Hong Kong and The Hong Kong Anti-Cancer Society jointly organise the “Care You Deserve” Women’s Cancers Campaign with the aim to raise awareness on women’s cancers. Donation raised with deduction of administrative cost will be allocated to setting up education corners.

Women need to work and take care of their families at the same time.

It’s time to CARE for yourself!

It’s time to CARE YOU DESERVE!

Please join us, say NO to women’s cancers!



親愛的Sis, 記住定期做女性檢查喇!!

Keer 91

## 參與組別 Participating Categories

### 個人 Individual

最低籌款額 Minimum donation : \$300

### 小組 Group

每人最低籌款額 Minimum donation per participant: \$400

### 機構 Organisation

每人最低籌款額 Minimum donation per participant: \$500

## 獎項 Awards

### 最高籌募獎 (個人或小組)

頒發予首三個籌款額最高的參加者或小組

### Top Donor Award (Individual or Group)

For the top 3 individual participants or groups with the highest amount of donation

### 機構最高籌募獎

頒發予首三個籌款額最高的機構

### Top Donor Award (Organisation)

For the top 3 organisations with the highest amount of donation

### 最鼎力支持大獎

頒發予首三個參與人數最多的隊伍

### Most Supportive Award

For the top 3 teams with the most participants

## 參加者紀念品 Souvenir for Participant

每位參加者可獲得「貓糧」一袋，包括T-shirt、文地貓扇扇和獎牌及其他贊助禮物

Each participant will receive a pack of “Cat Food” which includes T-shirt, Mandycat fan fan & medal plus gifts from sponsors